

Parent Hotlines:

To report abuse, neglect, or exploitation of children:

- Call 1-800-252-5400 or visit www.txabusehotline.org. If it's an emergency call 911

For the National Parent Helpline number:

- Call 1-855-427-2736 or visit <http://www.nationalparenthelpline.org/>

For confidential support when you need help, feel stressed with parenting, call Child Help:

- Call or text 1-800-4-A-Child (1-800-422-4453) or live chat at childhelp.org

For help with parenting tips, local resources, and to learn about family fun, check:

- www.helpandhope.org online or Facebook and find phone support

For mental health support and crisis care, in addition to your doctor or 911, call iCARE

- Call or text iCARE at 817-335-3022 or 1-800-866-2465 (Toll free)

For access to services through a social service hotline call 2-1-1 Texas

- Dial 2-1-1 or 877-541-7905 or go to 211texas.org

To learn more about the coronavirus, call the coronavirus hotline:

- Call 817-248-6299 (24/7) or visit <https://www.tarrantcounty.com/en/public-health/disease-control---prevention/coronaviruas.html>

Wanting to speak to someone about the coronavirus today:

- Text HOME to 741741 to connect with a Crisis Counselor or visit <https://www.crisistextline.org/textline?msckid=8c3c128eb0961d6124094cf2664ed73a>

Parent Resources for Education & Prevention Purposes:

- https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/02292020_NASP_NASN_COVID-19_parent_handout.pdf
- https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fprevention.html
- <https://www.dshs.texas.gov/coronavirus/>
- www.tarrantcounty.com/content/main/en/public-health/disease-control---prevention/coronaviruas.html
- <https://cookchildrens.org/health-resources/safety/Pages/COVID-19-Coronavirus.aspx>
- <https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/2019-Novel-Coronavirus.aspx>
- <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>
- <https://www.cdc.gov/childrenindisasters/helping-children-cope.html>
- <https://www.uplifteducation.org/site/handlers/filedownload.ashx?moduleinstanceid=17538&dataid=38642&FileName=Tarrant%20County%20Community%20Referrals%2017-18%206.28.pdf>
- <https://www.healthypace.com/other-info/resources/mental-health-hotline-numbers-and-referral-resource>